



Barmby Moor CE Primary School

Flat Lane, Barmby Moor

York, YO42 4EQ

Tel: 01759 304409

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Executive Headteacher: **Mr J Baxter**



Tuesday 23rd March 2021

Our Personal, Social, Health Education (PSHE) and Relationship,

Sex Education Programme (RSE)

Parent/Carer,

I hope you are all well.

In November 2019, parents and carers were consulted, via letter, about national changes to Relationships and Sex Education (RSE) that would come into effect from September 2020. This included the sharing of the school's RSE policy with parents. The final policy was approved by the school Governing Body on the 5th February 2020.

We are currently in the process of reviewing our current PSHE and RSE policy. PSHE education helps to provide children with the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. PSHE/RSE helps to develop responsible citizens of the future. Over time it accumulates knowledge, behaviours and skills that a person can tap into to demonstrate their cultural competence. PSHE and RSE is very much embedded within the Ofsted framework - Personal Development. The focus is on how children learn skills and realise talents, develop character and resilience, learn about British Values, Christian Values, Diversity and Mental Health & Wellbeing whilst developing pupils' 'cultural capital'.

We believe that promoting the health and wellbeing of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) course. This looks at many topics including all kinds of relationships, physical and emotional health and living in the wider world.

The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

Relationship and Sex Education (RSE) is an important part of the PSHE course. We will be teaching lessons about RSE which will include topics such as: Families and People Who Care for Me, Caring Friendships, Respectful Relationships, Online Relationships and Being Safe. Within the lessons, the content will be age-related.

Pupils will be able to ask questions, which will be answered factually and in an age-appropriate manner. Pupils' privacy will be respected, and no one will be asked to reveal personal information.

Barmby Moor Primary School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.



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RSE lessons are age appropriate. Some parts of RSE are compulsory – for example the Relationships Education and Health Education. Parents can withdraw their children from the sex education aspects of RSE if they wish to do so. However, we believe that it's important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

What are the aims of RSE in our school?

Depending on the age of the children and the lessons in their particular year group, we want RSE to:

- *Develop the confidence to talk, listen and think about their feelings and relationships*
- *Develop friendship/relationship skills*
- *Develop positive attitudes, values and self esteem*
- *Provide knowledge and understanding about puberty and the changes that will take place*
- *Provide knowledge and understanding about reproduction and sexuality*
- *Address concerns and correct misunderstandings that children may have gained from the media and peers*
- *Develop skills to help children protect themselves against unwanted sexual experience*
- *Know where and how to seek help*

RSE follows the school's agreed aims, values and moral framework which is sensitive to the needs and beliefs of pupils, parents/carers and other members of the school community. RSE will be delivered within the school's agreed equal opportunities framework.

RSE will support the importance of family life and bringing up children. Care is taken to ensure there is no stigmatisation of children based on their different home circumstances.

Pupils will be encouraged to understand that thinking about morals and values also includes:

- *Respect for self and others*
- *Understanding diversity regarding religion, culture and sexual orientation*
- *Honesty with self and others*
- *Self-awareness*
- *Exploration of rights, duties and responsibilities*

Many parents and parent-related organisations support good quality RSE in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

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A draft version of our reviewed PSHE and RSE Policy can be found at the following link.

https://www.barmbymoorschool.com/documents/%5B621149%5DRSE-Policy_March_2021.pdf

Curriculum requirements and outcomes are listed in Appendix 1 and 2 of the policy:

If you have any comments on this draft policy, then please e-mail these to

barmbymoorschool.primary@eastriding.gov.uk by Monday 12th April.

Take care,

Mr J Baxter

Executive Headteacher

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