



Barmby Moor CE Primary School

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Executive Headteacher: **Mr J Baxter**



Tuesday 2nd June 2026

Dear Parent/Carer,

YEAR 5/6 PUPILS GROWING UP TALK

On Monday 8th June, the School Nurse will visit school to deliver the Puberty/Growing Up talk to **Year 6** pupils. The modules delivered during the talk are:

- What is puberty?
- What happens to boys?
- What happens to girls?
- Looking after you
- How babies are made

The school nurse will also be delivering a Period talk to **Year 5 girls**.

In advance of the session, parents/carers are welcome to phone the school office to discuss exact content of the presentation should you wish to do so.

Parental consent is required for pupils to participate in the Growing Up talk and the Period talk. To give your permission, please email the school office at barmbymoorschool.primary@eastriding.gov.uk (subject heading GROWING UP TALK/PERIOD TALK) stating your child's name. Permission should be received by Friday 5th June.

Thank you for your ongoing support.

Mr J Baxter
Executive Headteacher

Barmby Moor Primary School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.